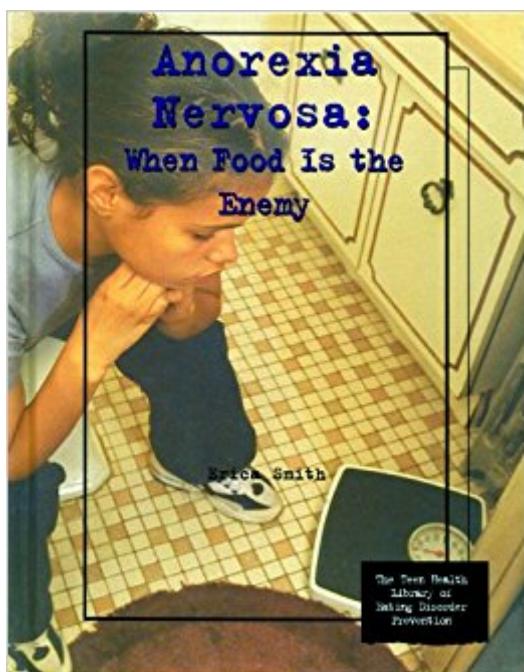


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# Anorexia Nervosa: Whe Food Is The Enemy (Teen Health Library Of Eating Disorder Prevention)



## **Synopsis**

Accelerated Reader is a program based on the fact that students become more motivated to read if they are tested on the content of the books they have read and are rewarded for correct answers. Students read each book, individually take the test on the computer, and receive gratification when they score well. Schools using the Accelerated Reader program have seen a significant increase in reading among their students. This collection of high/low titles was created to increase the awareness and prevention of two phenomena that have become endemic among the teenage population: unwanted pregnancies and eating disorders. The test disk will help your students remember the important information imparted here.

## **Book Information**

Lexile Measure: 950L (What's this?)

Series: Teen Health Library of Eating Disorder Prevention

Library Binding: 64 pages

Publisher: Rosen Publishing Group; 1 edition (January 1, 1998)

Language: English

ISBN-10: 0823927660

ISBN-13: 978-0823927661

Product Dimensions: 7.6 x 0.4 x 9.6 inches

Shipping Weight: 11.8 ounces (View shipping rates and policies)

Average Customer Review: Be the first to review this item

Best Sellers Rank: #7,374,327 in Books (See Top 100 in Books) #96 in Books > Health, Fitness & Dieting > Children's Health > Eating Disorders #306 in Books > Teens > Personal Health > Diet & Nutrition #318 in Books > Teens > Personal Health > Depression & Mental Health

Age Range: 12 - 17 years

Grade Level: 7 - 12

## **Customer Reviews**

Gr 6 Up-Taken together, these series entries form a comprehensive, yet nonthreatening look at eating disorders. Specifically written for teens in need of help, each book defines and describes bulimia, anorexia, compulsive eating, and compulsive exercise, and then goes on to consider one topic in some depth. The risks and causes are explored, as well as avenues of treatment and recovery. Symptoms are clearly outlined, as is what to say and what not to say to someone you suspect of suffering from an eating disorder. The roles of peer pressure, media images, family

relationships, and genetics are included, as is how to deal with these influences. Although written by different authors, the books take a uniformly sympathetic tone, offering help and hope to teens caught in these dangerously addictive behaviors. Bright, full-color photographs enliven the pages, and the writing is clear and easy to understand. While the glossaries, indexes, and lists of resources and further reading enhance their value for reports, the actual purpose of these titles is to start those afflicted on the road to recovery. Of particular interest is the volume on support groups, which tells about different types of groups, what to expect when attending them, and how to start one. Each book is peppered with quotes and personal stories of teens who have "been there," presumably gleaned from interviews conducted by the authors, rendering the overall approach more like sharing than preaching.-Joyce Adams Burner, Hillcrest Library, Prairie Village, Copyright 1999 Cahners Business Information, Inc.

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Anorexia Nervosa: Whe Food Is the Enemy (Teen Health Library of Eating Disorder Prevention)  
Eating Disorder Survivors Tell Their Stories (The Teen Health Library of Eating Disorder Prevention)  
Eating Disorders Information for Teens: Health Tips About Anorexia, Bulimia, Binge Eating, and Other Eating Disorders (Teen Health Series) Overcoming Eating Disorders: A Cognitive-Behavioral Therapy Approach for Bulimia Nervosa and Binge-Eating Disorder (Treatments That Work)  
Anorexia Nervosa (Eating Disorders Book 2) Anorexia Nervosa and Related Eating Disorders in Childhood and Adolescence: 2nd Edition Clean Eating: 365 Days of Clean Eating Recipes (Clean Eating, Clean Eating Cookbook, Clean Eating Recipes, Clean Eating Diet, Healthy Recipes, For Living Wellness and Weigh loss, Eat Clean Diet Book What's Real, What's Ideal: Overcoming a Negative Body Image (The Teen Health Library of Eating Disorder Prevention) Exercise Addiction: When Fitness Becomes an Obsession (Teen Health Library of Eating Disorder Prevention)  
Understanding Sports and Eating Disorders (Teen Eating Disorder Prevention Book) Treatment Manual for Anorexia Nervosa, First Edition: A Family-Based Approach Hunger for Understanding: A Workbook for helping young people to understand and overcome anorexia nervosa Demystifying Anorexia Nervosa: An Optimistic Guide to Understanding and Healing (Developmental Perspectives in Psychiatry) Anorexia Nervosa and Recovery: A Hunger for Meaning (Haworth Women's Studies) Hope and Recovery: A Mother-Daughter Story About Anorexia Nervosa, Bulimia, and Manic Depression Fasting Girls: The History of Anorexia Nervosa Understanding the Causes of a Negative Body Image (Hazelden/Rosen Teen Eating Disorder Prevention Books) Binge Eating: Cure Binge Eating, Overcome Food Addiction, and Rid Your Life of Eating Disorders (Binge Eating Cure Series Book 1) Teen to Teen: 365 Daily Devotions by Teen Girls for Teen Girls Teen to Teen: 365 Daily

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